

## Screening, Brief Intervention and Referral to Treatment (SBIRT)



**Instructor:** Grant Hovik, MA UCLA  
Integrated Substance Abuse Programs

### *Instructor Information:*

Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

### *Course description:*

Screening, brief intervention, and referral to treatment are effective in a variety of settings. Its effectiveness has been proven particularly effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. SBIRT has also been shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious substance use-related problems. Special considerations when working with adolescents will also be discussed.

***Date:*** July 24, 2024

***Time:*** 9:00 am - 1:15 pm (**Registration will start at 8:30 am**)

***Location:*** 2085 Rustin Ave Riverside 92507-Entrance 1

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>**  
**All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**  
**Free to all registered participants**

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If you need a reasonable accommodation/alternative format for this training event, Please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

**Continuing Education Credits:** Will be provided by UCLA Integrated Substance Abuse Programs. UCLA ISAP maintains responsibility for the program and its content. This course is for 4 continuing education units/credits/hours.

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**Course Description:** Screening, brief intervention, and referral to treatment are effective in a variety of settings. Its effectiveness has been proven particularly effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. SBIRT has also been shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious substance use-related problems. Special considerations when working with adolescents will also be discussed.

**Instructor Information:** Grant Hovik, MA received his Master of Arts degree in Clinical Psychology from Columbia University, Teachers College. Mr. Hovik has worked in the field of substance use disorders through research, training, and technical assistance since 2006. Currently, he is a trainer and online curriculum developer for UCLA's Integrated Substance Abuse Programs (ISAP) and the Pacific Southwest Addiction Technology Transfer Center (PSATTC), where he conducts a variety of trainings on evidence-based substance use disorder treatment including Motivational Interviewing and Screening, Brief Intervention, and Referral to Treatment.

**Audience:** This live, training is free and is open to providers including:

- Psychologists
- LMFTs and LCSWs
- Registered Nurses
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

**Pre-requisite details:** None

**Seat #:** 40

## **Educational Goals:**

1. Participants should be able to identify at least two (2) goals of conducting SBIRT in health settings.
2. Participants should be able to describe at least two (2) examples of screening tools to identify patients at risk of substance use problems.
3. Participants should be able to explain the three (3) steps of the brief intervention and how they can enhance motivation to change at-risk behavior and/or seek treatment.
4. Participants should be able to specify at least two (2) uses of the Importance/Confidence/Readiness Ruler.

## Learning Objectives:

1. Identify at least two (2) goals of conducting SBIRT in health settings.
2. Describe at least two (2) examples of screening tools to identify patients at risk of substance use problems.
3. Explain the three (3) steps of the brief intervention and how they can enhance motivation to change at-risk behavior and/or seek treatment.
4. Specify at least two (2) uses of the Importance/Confidence/Readiness Ruler.

## Course outline: Tentative

Time	Topic/Content
8:30am-9:00am	Registration
9:00am – 11:00am	Break
11:00am – 1:00pm	Presentation
1:00pm – 1:15pm	Questions

**Continuing Education:** The training course meets the qualifications for the provision of four (4.0) continuing education credits/ contact hours (CEs/CEHs).

UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six (6.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1125), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for 6.0 contact hours. CE credit will be awarded for full participation within 6-8 weeks following the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397).

Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).