

## RIVERSIDE COUNTY BEHAVIORAL HEALTH COMMISSION

MEETING MINUTES FOR SEPTEMBER 5, 2018 | 12:00 pm to 2:00 pm

**CALL TO ORDER, PLEDGE OF ALLEGIANCE, AND INTRODUCTIONS** – Chairperson, Rick Gentillalli called the meeting to order at 12:00 pm, lead the Pledge of Allegiance, and commenced introductions.

**CHAIRPERSON'S REMARKS** – Mr. Gentillalli announced the new Executive Committee members are: himself as the Chair, April Jones as Vice Chair, and Brenda Scott as Secretary.

**COMMISSION MEMBERS REMARKS** – Ms. Scott announced that NAMI recently held their 13<sup>th</sup> Annual NAMI Walk Luncheon. The NAMI Walk will be held on October 27 at Diamond Valley Lake; flyers are available for more information.

Ms. Jones submitted to the Commission a request to hold a team planning retreat at the start of every year to discuss what their focus and goals should be for the year. Ms. Jones also submitted a request to institute performance evaluations of Commission members.

Beatriz Gonzalez requested to have Commission meetings at contract providers' facilities and other regions.

Ms. Scott announced that NAMI California is working with California Office of Education and Riverside County's Office of Education to establish NAMI on Campus. NAMI on Campus is a high school club where they will provide training on suicide awareness, leadership, and parliamentary procedures. Currently, they have a NAMI on Campus in Mid-County and are working on collaborating with other high schools for more locations.

**PUBLIC REMARKS** – Shor Denny from Community Now expressed concern about not having enough "Prevention" type programs in schools. Ms. Denny expressed it would be beneficial for children to learn coping and problem solving skills in an effort to help them avoid or learn how to deal with a behavioral health crisis. David Schoelen responded that the Department does their best to incorporate as many programs to meet the needs of the public. However, this effort can sometimes be hindered by funding as there is a finite amount of money that can be spent on a number of programs without compromising or eliminating other programs or services necessary to address all consumer needs.

**MINUTES OF THE PREVIOUS MEETING** – Minutes were accepted as written.

**CELEBRATE RECOVERY** – Maria Arnold, Senior Parent Partner with Stepping Stones TAY Program, introduced this month's Celebrate Recovery Speaker, Brandyn Wilkinson. Brandyn grew up in an unhealthy household. Two years ago he was dropped off by his parents at a homeless shelter where he stayed for one night. While at the shelter, he met someone who put him in touch with The Journey TAY Program. Brandyn has since been working with the TAY Program on his recovery and has managed to go back to school to earn his high school diploma. Brandyn expressed his sincere gratitude to the staff at the TAY Program, his family, and friends for helping him on his road to recovery.

## NEW BUSINESS

1. APPROVE BEHAVIORAL HEALTH COMMISSION ANNUAL REPORT FY17/18: The Commission unanimously approved to submit the Behavioral Health Commission Annual Report FY 17/18 to the Board of Supervisors.
2. RIVERSIDE COUNTY RESPONSE TO OPIOID CRISIS: Rhyan Miller presented on the Department's efforts to address the opioid crisis in Riverside County. Mr. Miller noted that fortunately Riverside County is not as severely impacted by the opioid crisis as other parts of the state and the country. However, the Department still works diligently to make sure Riverside County has the appropriate and most effective services and programs available to assist those struggling with an opioid addiction.

After the implementation of the Drug Medi-Cal Organized Delivery System Waiver (DMC-ODS Waiver), the Department established Substance Use Cares Access System, which is an access line available 24/7, 365 days a year, for callers needing guidance to the appropriate services. The Department also has the CARE Coordination team for consumers considered to be "high-risk," to help consumers navigate through the Behavioral Health system to link them to appropriate services.

Recently, Substance Abuse Prevention and Treatment Program was awarded a \$25,000 grant from the state for Medication Assisted Treatment Collaborative. Apart from funding, the grant also provides 4 learning collaboratives to help assist the Department for the next 12 months to implement medication assisted treatment programs into our Detention system and other collaborative courts. This will allow the Department to help assist individuals coming into Detention struggling with opioids with medication assisted treatment and refer them out to other programs to help maintain their care and reduce recidivism.

The Neonatal Task Force at the RUHS Hospital in Moreno Valley provides services to mothers struggling with opioid addiction. Department of Public Social Services also implemented a new program called Vulnerable Infants Program to assist mothers with their newborns affected by opiates.

In looking at the statistics, since the implementation of the DMC-ODS Waiver, there has been a significant increase in higher-levels of care for consumers due to the expanded services afforded by the Waiver. Previously, the Department was limited in what can be offered to high-risk consumers. Those who qualified were placed into outpatient treatment services for 45-days, to which the Department garnered a mere 3% success rate of getting consumers clean and sober. The implementation of the Waiver resulted in a 30% increase in the number of high-risk consumers served. The expansion of services provided a more extensive inpatient withdrawal treatment for up to 90-days and supplemented with follow-up care after their release.

The Inland Empire Opioid Coalition (IEOCC) was established with the vision of reducing opioid use and opioid related deaths in the Inland Empire. Their mission is to create effective community collaborations between member organizations and individuals who need help with pain management and addictive disorders. The coalition employs the values and techniques of harm reduction and integrated care. The IEOCC will work to ensure communities are educated and engaged with service providers; have safer prescribing practices for opioid medications; increased

use of medication-assisted addiction treatment as part of a comprehensive system of integrated behavioral health care; and increased availability and use of the overdose reversal drug naloxone. The IEOCC releases monthly newsletters, which will be provided to the BHC when they are made available.

The California Hub and Spoke System is modeled after the Vermont system of using a Narcotic Treatment Program (NTP) as a “hub” for treatment and “spoke” for aftercare and maintenance such as hospitals, Federally Qualified Health Centers (FQHC), and contract providers. The awarded contractor for the State of California is Acadia Health Care. The goal of the grant is to increase access for individuals who are underserved and uninsured. The detox component of this program is what makes it unique compared to other programs throughout the state. High-risk individuals are treated at the “hub” and once they are stabilized, they are linked to “spokes” for follow-up care and maintenance. The “hub” is located in Riverside and there are currently 12 “spokes” throughout Riverside County. Mr. Miller noted that they initially requested to have two “hubs,” due to the geographical size of the County, but were denied by the state as we are only permitted one “hub.” Lily Tran from Acadia Health Care added that they are constantly working on adding more “spokes” and will continue requesting for another “hub” to help accommodate consumers in the Desert region.

## **OLD BUSINESS**

1. MHSA UPDATE: David Schoelen reported that he and Toni Lucas have been working on the Innovations Planning for the Technology Suite (aka Tech Suite). The Tech Suite was originally introduced as an Innovations Project in Los Angeles and were joined by other counties in an effort to get a larger data set and gather information on a state level regarding MHSA Innovations. Riverside County is participating in this collaboration and have been consulting with various stakeholder groups to help tailor the program according to the needs of our communities.

The Tech Suite has three components of technology. The first is a peer chat service system provided through an app that can be accessed with a smart phone or tablet. The app is designed with an entire community around the chat window to which the individual can join and share experience and gain support from other members with similar concerns or diagnoses. The second component is a digital phenotype system that functions much like a Fitbit, which gathers information regarding your personal wellness. The technology can predict if an individual is at risk for a relapse or a crisis based upon changes in behavior, sleep, etc. The third component of the Tech Suite is evidence-based services delivered by an avatar or “therapist avatar.” This is a way of introducing more rudimentary forms of services like cognitive behavior therapy.

Mr. Schoelen reported that one of the things the State liked about the Department’s plan is we’re working on accommodating the hearing and visually impaired community. Since the apps are visual mediums, the deaf and hard of hearing community will benefit in ways they were previously unable to. The visually impaired community have also stepped forward and indicated that they are also interested in utilizing the system and the Department is working towards adapting the apps so they can participate as well.

Another area in which the State was also interested in was the Department’s ability to use the technology in helping re-entry populations. Those previously or presently incarcerated and are in the process of re-entering the community can add the Tech Suite as a different tool to possibly help

prevent recidivism. The ease and convenience of the Tech Suite is a much better engagement tool to serve the underserved communities as well as the rural and frontier communities.

Mr. Schoelen requested a vote of approval from the Commission so they can move forward with the plan and join the Technology Suite. The BHC voted and unanimously approved the request for the Department to continue planning and to join the Technology Suite.

2. SAPT UPDATE: Will Harris reported that the Recovery Happens event will be held on Friday, September 14 at Fairmount Park. The event will begin at 11:00 am and end at 4:30 pm.

Moreno Valley Substance Abuse Treatment Clinic is now open and will be hosting an Open House on October 16 from 1:00 pm – 5:00 pm and Directors will be onsite from 1:00 pm – 4:00 pm. The Clinic is located at 23119 Cottonwood Avenue, Building A, Suite 100.

On August 21-23, six members of staff from SAPT Program attended the Substance Abuse Disorders Conference in Anaheim. Staff participated in the Conference and gave three presentations, which were well received by many of the attendees.

Mr. Harris is currently working on re-writing their Strategic Prevention Framework Plan this year, which is a yearlong process. They started last month and are working to complete the assessment piece of the plan. The State requires the assessment piece of the plan to be completed by November 5. Once the data has been compiled, Mr. Harris will be reaching out to all the stakeholders, including the BHC, for input and feedback.

**DIRECTOR'S REPORT** – Steve Steinberg announced that after more than 28 years of dutiful service to RUHS-Behavioral Health, he will be retiring on September 15, 2018. Mr. Steinberg noted that while he loved his career, the demands of being a Director has taken a significant toll on his health. Several years ago, Mr. Steinberg was diagnosed with Parkinson's Disease. While he is doing remarkably well; fighting off the symptoms of his condition on a daily basis has proven to be physically and mentally exhausting. Mr. Steinberg thanked the Commission and the staff for all of their continued hard work and efforts to serve the community.

**COMMITTEE UPDATES:**

DESERT REGIONAL BOARD: Tabled

MID-COUNTY REGIONAL BOARD: Tabled

WESTERN REGIONAL BOARD: Mr. Damewood reported that they are welcoming a new member to the Board.

ADULT SYSTEM OF CARE: Tabled

CHILDREN'S COMMITTEE: Tabled

CRIMINAL JUSTICE COMMITTEE: Mr. Damewood announced that they will have a meeting on Wednesday, September 12.

HOUSING COMMITTEE: Ms. Scott announced that they will have a meeting on Tuesday, September 11.

LEGISLATIVE COMMITTEE: April Jones announced that she is now the Chair of the Legislative Committee. The Committee is also working on presenting the Commission with legislation they would like to support.

OLDER ADULT SYSTEM OF CARE COMMITTEE: Tabled

QUALITY IMPROVEMENT COMMITTEE: Daryl Terrell thanked Deborah Johnson and Brian Betz for their leadership.

VETERANS COMMITTEE: Mr. Gentillalli reported they discussed opioid abuse, suicide, mental health stigma, and post-traumatic stress disorder.

**EXECUTIVE COMMITTEE RECOMMENDATIONS:** Mr. Terrell requested to have an update on the START Program. Mr. Damewood requested an update on staff numbers. Ms. Scott requested to have an update on the Suicide Task Force.

**ADJOURN:** The Behavioral Health Commission meeting adjourned at 2:00 pm.

*Maria Roman*

Brenda Scott, BHC Secretary

Maria Roman, Recording Secretary

**FY 2018/19 BEHAVIORAL HEALTH COMMISSION ATTENDANCE ROSTER**

MEMBERS	JUL	SEP	OCT	NOV	JAN	FEB	MAR	APR	MAY	JUN
April Jones, District 3	✓	✓								
Beatriz Gonzalez, District 47	✓	✓								
Brenda Scott, District 3	✓	✓								
Carole Schaudt, District 4	✓	✓								
Daryl Terrell, District 5	✓	✓								
Dildar Ahmad, District 1	✓	✓								
George Middle, District 2 (Redist. 5)	✓	A								
Greg Damewood, District 5	✓	✓								
Greg Rodriguez, BOS Representative		✓								
Ric Riccardi, District 5	✓	✓								
Richard Divine, District 2 (Redist. 4)	✓	✓								
Rick Gentillalli, District 3	✓	✓								
Victoria St. Johns, District 4	✓	✓								
Walter Haessler, District 1	✓	✓								

Present = ✓ | Absent = A | Medical Leave = ML

Minutes and agendas of meetings are available upon request and online at [www.rcdmh.org](http://www.rcdmh.org). To request copies, please contact the BHC Liaison at (951) 955-7141 or email at [MYRoman@rcmhd.org](mailto:MYRoman@rcmhd.org).

OTHERS PRESENT		
Amelia Saldana, Guest	Amy McCann, RUHS-BH	Anindita Ganguly, Guest
April Marier, RUHS-BH	Barbara Mitchell, Guest	Bill Brenneman, RUHS-BH
Brandyn Wilkinson, Guest	Brian Betz, RUHS-BH	David Schoelen, RUHS-BH
Debbie Pagliuso, Guest	Deborah Johnson, RUHS-BH	Dylan Colt, RUHS-BH
Ellis Fluet, Grand Jury	Greg Burks, Guest	Heidi Gomez, RUHS-BH
Jeaniel Dander, Guest	Jim Hill, RUHS-BH	Jocelyn Murillo, RUHS-BH
John Schwarzlose, RUHS-BH	Juan Valenzuela, Guest	Kim Bohlan, Grand Jury
Kim McElroy, Guest	Kristen Duffy, RUHS-BH	Laurence Gonzaga, Guest
Lily Tran, Guest	Lisa Morris, RUHS-BH	Lucy Lopez, RUHS-BH
Maria Algarin, RUHS-BH	Maria Arnold, RUHS-BH	Maria Roman, RUHS-BH
Mark Duffield, Guest	Maureen Dopson, RUHS-BH	May Farr, Guest
Monique Gordon, RUHS-BH	Renee Osborne, Guest	Rhyan Miller, RUHS-BH
Richard Bolter, RUHS-BH	Richard Grey, Guest	Rick Algarin, RUHS-BH
Ryan Quist, RUHS-BH	Santiago Alvarez, Guest	Sarah Rodriguez, BOS Rep District 3
Sean Fredericksen, RUHS-BH	Shor Denny, Guest	Stephanie Bennett, Guest
Steve Steinberg, RUHS-BH Director	Steve Wildish, Guest	Sukhmeen Kalon, BOS Rep District 3
Sundae Sayles, BOS Rep District 3	Suzanne W., RUHS-BH	Sylvia Aguirre-Aguilar, RUHS-BH
Tiffany Ross, RUHS-BH	Toni Lucas, RUHS-BH	Tony Ortego, RUHS-BH
Vickie Redding, RUHS-BH	Will Harris, RUHS-BH	