

Trauma and Parenting: During a Pandemic



Instructor:
Gabriella Grant, MA

Instructor Information:

Gabriella Grant, MA trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training, policies, and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes.

Course Description:

This training provides a framework to enhance parenting safety via distance or other tele-health during a pandemic. This research-based overview focuses on safety, child abuse law, casework practice and the interaction between parenting and trauma during the pandemic on both the child and parent. It considers emerging research into the intergenerational transmission of trauma as well as practice approaches to help parents increase both physical and emotional safety in their interactions with their children.

***Date:* March 10th & 24th, 2021**

(**must attend both dates for CE credit**)

***Time:* 10:00am – 11:30am**

***Location:* Virtual training- link will be sent to registrants**

**RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>
All other interested partners, please visit www.rcdmh.org/wet**

Continuing Education Credits: This course meets the qualifications for **3** continuing education units/credits/hours. Please see the brochure for additional information.

Trauma and Parenting: During a Pandemic

Part 1: March 10th, 2020

10:00am-11:30am

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Part 2: March 24th, 2020

10:00am-11:30am

Must attend both dates for credit

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Ms. Grant started working with Dr. Najavits in 2006, when she oversaw a statewide project in California to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. She coordinated the trainings on Seeking Safety and helped guide and evaluate its implementation within domestic violence shelters. She currently conducts Seeking Safety in a community setting. Ms. Grant is the director of the California Center of Excellence for Trauma Informed Care, located in Santa Cruz, California, overseeing the Center's research, program and professional development as well as policy analysis activities.

Audience: LMFTs, LCSWs, LPCCs, and LEPs, associate and support staff, direct service and administrative staff.

Level of training: intermediate.

Seat #: 60 seats total

Location: Virtual training- link will be sent to registrants

This is an ADA compliant course. If you require accommodations, please contact the Rustin Conference Center at (951) 955-7270 fourteen days (14) prior to the course date.

Educational Goals:

1. Understand how to promote “safety bonding” between parent and child (vs. trauma bonding).
2. Provides a framework to enhance parenting safety via distance or other tele-health during a pandemic.
3. Identify how trauma interferes with a child’s neurodevelopmental progress.

Learning Objectives:

1. Participants will be able to identify the three (3) specific parenting skills needed to create a safe home base.
2. Participants will be able to identify two (2) types of safeties in the home environment.
3. Participants will be able to analyze and describe the role safety plays in child development and the growth of social engagement system.

Course outline:

Day 1 Agenda

10:00am - 10:05am	Welcome and Introduction
10:05am-10:15am	Building safety within parent-child relationships
10:15am -10:30am	Defining a safe home base
10:30am -10:45am	Understanding CAPTA; federal child abuse protection law
10:45am-11:00am	Distinguishing between physical and emotional safety
11:00am-11:15am	Applying concepts

Day 2 Agenda

10:00am - 10:05am	Welcome
10:05am-10:25am	Parenting during the Pandemic: Child Safety
10:25am - 10:40am	Parenting, public health and trauma: Intergenerational transmission of trauma and practice approaches
10:40am-11:05am	Applying concepts
11:05am-11:30am	Q & A and Evaluations

This course meets the qualifications for 3 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor

continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 100060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 3 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-2021 for 3 CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: Participants interested in receiving continuing education credit or a certificate of participation should contact Manuel Pondivida via email at MPondivida@ruhealth.org. Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, continuing education certificates will be issued immediately after the completion of the course. For distance learning courses, continuing education certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Participants interested in receiving *certificates of participation* should contact Manuel Pondivida via email at MPondivida@ruhealth.org. Please include the following information in your email request: full name and title of training.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).