

## Co-Occurring Disorders 101



**Instructor: James Peck, PsyD**  
UCLA Integrated Substance Abuse Programs

### *Instructor Information:*

James Peck, Psy.D. is a licensed clinical psychologist and senior clinical trainer at the UCLA Integrated Substance Abuse Programs (ISAP). For nearly a decade, Dr. Peck conducted Phase II clinical trials of behavioral and pharmacological interventions for stimulant dependence. Dr. Peck has extensive experience conducting curriculum development, clinical trainings, and clinical supervision on the etiology, assessment, and treatment of substance-related disorders, and on the treatment of individuals with co-occurring substance-related and psychiatric disorders. He currently works at UCLA in a primarily clinical training role, and maintains a busy practice treating individuals with co-occurring disorders.

### *Course description:*

This training will provide background information on the consequences of substances commonly used by consumers and will introduce participants to the epidemiology and neurobiology of co-occurring disorders

***Date:*** October 11, 2023

***Time:*** 9:00am-12:15pm

***Location:*** Virtual- Zoom link will be sent out to all registered participants

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)  
Free to all registered participants**

**Continuing Education Credits:** This course is approved for 3 continuing education units/credits/hours.

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If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

# Co-Occurring Disorders 101

October 11, 2023

9:00am-12:15pm

**Course Description:** Substance use disorders (SUDs) affect many aspects of a person's life including their mental health, physical health, social relationships, vocational endeavors, and more. This training will provide background information on the consequences of substances commonly used by consumers and will introduce participants to the epidemiology and neurobiology of co-occurring disorders. Participants will learn how to conceptualize co-occurring mental health, substance use, and physical health disorders and how their interaction affects screening, assessment, and treatment. Participants will also learn how to develop behavioral intervention strategies for those with co-occurring substance use, mental health, and chronic medical conditions that frequently co-occur. The training will also cover treatment considerations including an overview of evidence-based practices for CODs, including Motivational Interviewing, Cognitive Behavioral Therapy, and integrated behavioral health interventions.

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**Audience:** Recommended staff include:

- Psychologists
- LMFTs and LCSWs
- Registered Nurses
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

**Seat #:** 50

## **Learning Objectives:**

1. Explain at least three (3) clinical implications resulting from the intersection of substance use disorders with co-occurring medical and mental health diagnoses.
2. Identify, based on DSM-5 and recently published epidemiological data, at least three (3) psychiatric diagnoses that frequently co-occur with substance use disorders and discuss the complexities of addressing both conditions.
3. Describe two (2) strategies for conducting differential diagnosis to distinguish substance-induced psychiatric symptoms from primary mental health conditions.

4. List two (2) strategies for determining appropriate evidence-based interventions to address client/patient symptom presentation.
5. Compare, through participation in interactive activities with standardized clinical case material, effective use of at least two (2) assessment and treatment planning approaches

**Course outline: Pending**

Time	Topic/Content
8:45am-9:00am	Registration

**Continuing Education:** The training course meets the qualifications for the provision of three **(3.0)** continuing education credits/ contact hours (CEs/CEHs).

UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for six **(3.0)** hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for **3.0** contact hours. CE credit will be awarded for full participation within 6-8 weeks following the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397). Alternately, you may contact Dr. Gloria Miele or Dr. James

Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).