

## DSM-5-TR



### *Instructor Information:*

Matthew T. Rensi, a Licensed Professional Clinical Counselor who also holds a Ph. D. in counselor education and supervision. He earned his Master of Arts in Counseling from Western Seminary and his Ph. D from Oregon State University. He has extensive experience providing therapy to people struggling with psychosis, homelessness, various mental health issues and the legal system. Matt provides trainings throughout the country on various aspects of mental health treatment including assessment, individual therapy, and safety/crisis intervention. Lastly, he has conducted research on the Diagnostic and Statistical Manual of Mental Disorders using linguistic analysis.

**Instructor:** Matthew T. Rensi, Ph.D., LPCC

### *Course Description:*

The DSM can often seem like a confusing and complicated tome at the best of times. This is further compounded when there is a new edition. Don't waste countless hours trying to parse the changes, we've already done it for you and put it into a clear, concise training. In this training Matt Rensi will walk you through major updates to the DSM, changes in diagnoses and new items in the DSM so you can be confident when diagnosing clients.

**Date:** July 18, 2024

**Time:** 8:30am-11:00am

**Location:** Virtual training- link will be sent to registrants

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

**Continuing Education Credits: This course is approved for 2 continuing education units/credits/hours.**

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**Audience:** RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system

**Seat #:** 40

**Location:** **Virtual training-** link will be sent to registrants

### **Educational Goal (s):**

This training will help participants navigate the structure of the DSM-5-TR. Participants will gain an understanding of the logic behind the current categorization of diagnoses and symptoms and gain a better understanding of how to utilize the DSM-5-TR.

### **Learning Objectives:**

1. Identify major changes from the DSM-5 to the 5-TR
2. Navigate and utilize the new DSM-5-TR
3. Demonstrate a basic confidence in being able to discuss and apply the 5-TR
4. Utilize the DSM-5-TR when diagnosing

## Course outline:

Time	Topic/Content
8:30am-10am	<b>Overview of DSM-5-TR</b> <ul style="list-style-type: none"><li>• ICD codes</li><li>• Living document</li><li>• Where to find updates</li></ul>
10am-11am	<b>Section by Section Breakdown</b> <ul style="list-style-type: none"><li>• Diagnostic Family changes</li><li>• New disorders/codes</li><li>• Section III of the DSM</li></ul>

**CEs will be provided by Community Solutions. This course is approved for 2 hours of continuing education units for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California B.B.S. under CEPA Provider #129412, and LAADC by CCAPP-EI CADAAC Provider # 3-22-341-0526 & 1N-98-402-1225 for (12) CEH'S.**

**Requesting Continuing Education:** Participants interested in receiving continuing education credit will be provided an electronic course evaluation by the trainer once the training concludes.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early, or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).