

# Spirituality and Trauma



**Instructor:**  
Gabriella Grant, MA

## *Instructors Information:*

Ms. Grant obtained her Masters in Policy Studies with an emphasis in Criminal Justice Policy from The Johns Hopkins University. She is the director of the California Center of Excellence for Trauma Informed Care in Santa Cruz, California, overseeing the Center's research and policy analysis activities. In addition, she convenes the Santa Cruz Trauma Consortium and the Annual Fall Trauma Conference. Through Gabriella Grant Consulting, Inc.,

## *Course Description:*

This training explores the research showing spirituality as an evidence-based practice for trauma recovery. The information provides ethical guidelines for publicly funded employees to bring safety to spiritual practices, as determined by the client. The second part of the training looks at spiritual abuse as a unique traumatic exposure that might get missed in the publicly funded system: how to report, how to support and how to connect survivors to safe groups and peers.

***Date:* September 17, 2024**

***Time:* 10:00am-1:00pm**

***Location:* Virtual training- link will be sent to registrants**

**RUHS-BH Staff - Please register for this course via COR at  
<https://corlearning.sumtotal.host>  
Free to all registered participants**

**Continuing Education Credits:** This course meets the qualifications for **3** continuing education units/credits/hours.

## Spirituality and Trauma

### September 17, 2024

#### **Course Description:**

This training explores the research showing spirituality as an evidence-based practice for trauma recovery. The information provides ethical guidelines for publicly funded employees to bring safety to spiritual practices, as determined by the client. The second part of the training looks at spiritual abuse as a unique traumatic exposure that might get missed in the publicly funded system: how to report, how to support and how to connect survivors to safe groups and peers.

**Instructor Information:** Ms. Grant obtained her Masters in Policy Studies with an emphasis in Criminal Justice Policy from The Johns Hopkins University. She is the director of the California Center of Excellence for Trauma Informed Care in Santa Cruz, California, overseeing the Center's research and policy analysis activities. In addition, she convenes the Santa Cruz Trauma Consortium and the Annual Fall Trauma Conference. Through Gabriella Grant Consulting, Inc., Ms. Grant consults with publicly funded agencies and trains professionals in the social services topics that cover trauma, substance abuse, PTSD, eating disorders, domestic violence, sexual assault and child abuse. As a trained policy analyst, Ms. Grant applies the public health model to understanding the neurobiological effects of trauma, safety and coping. She helps agencies use trauma-informed practices to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes. Her focus on effective programming and enhancing safe policies and procedures for staff has provided a strong public health foundation to agencies in healthcare, criminal and juvenile justice, housing and mental health treatment. She has a bachelors' degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy, and a Masters of Arts in Public Policy from the Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a wide variety of settings.

**Audience:** All RUHS-BH Employees; LMFTs, LCSWs, LPCCs, and LEPs, Registered Nurses; and substance use counselors, and associate and support staff.  
Level of training: Introductory – new topic for audience.

**Seat #:** 100

**Location:** Virtual training- link will be sent to registrants

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center (951) 955-7270 at least fourteen business days (14) prior to the course date.

## Educational Goal (s):

1. Understanding Evidence-Based Spiritual Practices:
2. Ethical Guidelines and Safety:
3. Recognizing and Addressing Spiritual Abuse:
4. Reporting and Supporting Survivors of Spiritual Abuse:
5. Practical Application:
6. Creating Safe and Supportive Networks:

## Learning Objectives:

1. Identify the scientific and legal sources related to spirituality as a trauma recovery tool within publicly funded systems.
2. Use a "No Preference Clause" handout to ensure boundaries are maintained.
3. Review "The Cultural Context of Trauma Recovery: Considering the Posttraumatic Stress Disorder Practice Guideline and Intersectionality"
4. Evaluate and discuss the role of public health principles in trauma recovery and how an application of universal precautions can contribute to minimizing implicit bias.
5. Define trusted advisor abuse, which includes religious or clerical abuse.
6. Practice ways to respond that are legally and ethically bound.
7. Explore a resource that allows victims to report Trusted Advisor Abuse.

## Course outline:

Time	Topic/Content
10:00	The evidence: What does science say?
10:40	What does the law say? Legal ethical boundary within publicly funded services?
11:20	How to use the handout
11:45	How to discuss Trusted Advisor Abuse
12:00	How to respond to a victim of Trusted Advisor Abuse
12:30	How to report Trusted Advisor Abuse
01:00	End

**This course meets the qualifications for 3 continuing education units/credits/hours.**

**Continuing Education:** Course meets the qualifications for (3) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT - approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for (3) Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1225 & 3-22-341-0526. for (3) CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

**Requesting Continuing Education:**

If you haven't received your CE certificate within 10 days after the training, please email Germeen Armanious (Gina) at [g.armanious@ruhealth.org](mailto:g.armanious@ruhealth.org). Please include the following information in your email request: full name, title of training, and certification or license number.

**Attendance Policy:**

Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early, or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**"Camera On Required Throughout Training"**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends).

**Cancellation and Refund Policy:** Registration must be canceled on or before three (3) business days prior to the course date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in effect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).